

audiclean[®]

Ear Cleansing Wash

A new way to look
after your ears

Why is ear hygiene important?

We all produce earwax, to stop dust, dirt and bacteria from entering the ears. Normally wax moves slowly to the outside of your ear where it is washed away. But sometimes the wax can build up excessively, blocking your ear. That's where Audiclean can help. Regular use of Audiclean Ear Cleansing Wash will help prevent wax build-up and keep your ears feeling refreshingly clean and clear.

Why should I use Audiclean Ear Cleansing Wash?

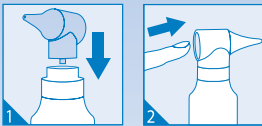
The ear is a delicate organ and should be treated with care to avoid irritation and infection. Audiclean Ear Cleansing Wash is sterile and contains only 100% natural Sea Serum[®], rich with trace elements and natural mineral salts such as bicarbonates, which gently disperse excess wax and dirt without causing irritation.

Who can use Audiclean Ear Cleansing Wash?

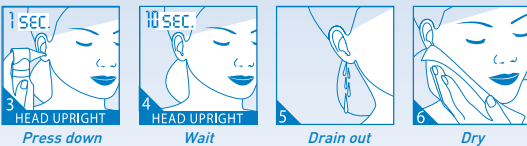
Audiclean Ear Cleansing Wash is suitable for all ages, from 6 months to the elderly. Please consult your doctor or audiologist if you suffer from any of the conditions listed under "Cautions" before use.

How to use

For best results, use Audiclean Ear Cleansing Wash initially once a day for 10 days, then you can reduce use to 2-3 times a week.



1. Attach nozzle on top of the bottle by pressing gently into place.
2. Place index finger into nozzle.



3. Gently insert nozzle into ear, while keeping head upright; depress for 1 second.
4. Leave solution in ear for at least 10 seconds.
5. Tilt head to allow wash to drain out.
6. Pat dry gently with clean towel or tissue.
7. Rinse nozzle with hot water after each use.
8. Continue to use Audiclean Ear Cleansing Wash 2-3 times a week to help ensure healthy clean ears and prevent future wax build-up.

TIP: Most people find it easiest to use Audiclean Ear Cleansing Wash in the shower or bath, or in a seated position.

If symptoms persist, consult your healthcare professional.

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Frequently Asked Questions

Why do I have excess earwax?

Some people are more prone to excess earwax than others, for various reasons including:

Physiology. A narrow-shaped ear canal may trap excess earwax. This is often seen in children.

Cotton buds. Using cotton buds can push wax deeper into the ear, causing compaction and blockage.

Environment. Working in dusty or dirty environments, particularly outdoors, can

cause the ear to produce excess wax to help prevent particles from entering the ear canal.

Hearing aid/frequent headset users.

Placing anything in the ear can stop the natural flow of earwax, causing it to build up.

Swimmers. Frequently submerging the ears in water may contribute to increased wax production.

Hair. Primarily experienced by men, hair can trap earwax and stop it being expelled naturally.

How do I know if I have excess wax build-up?

There are several symptoms that indicate you may have a build-up of earwax, including:

- Difficulty hearing, in one or both ears
- Pain in one or both ears
- Ringing or buzzing noise in the ears
- A feeling of blockage in the ears
- Temporary deafness after swimming or bathing
- Dizziness or loss of balance

Why are cotton buds dangerous?

Regular use of cotton buds in the ear canal can push earwax back into the external auditory canal, compacting the wax and encouraging the development of wax plugs and associated disorders. Doctors and healthcare specialists advise against the use of cotton buds inside the ear.

Can I use normal water to clean my ears?

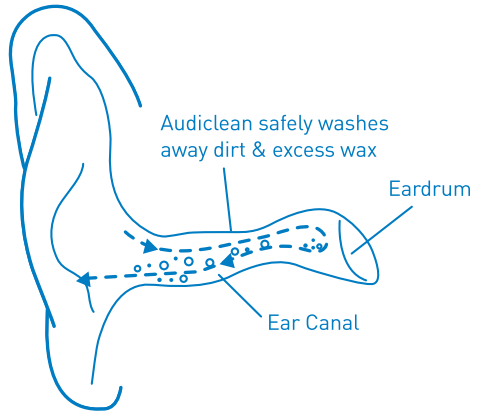
The sterility of Audiclean Ear Cleansing Wash ensures safe cleansing without risk of infection. In addition, the efficacy of the cleansing is improved, due to the isotonic concentration of the wash.

Is it safe to use Ear Cleansing Wash regularly?

Unlike many other products to clear earwax, there is no restriction on how often you use Audiclean Ear Cleansing Wash. The solution is non-aggressive, so it will not strip your ear of the natural protective layer of wax, only help wash away any excess wax and dirt. Only safe, naturally-sourced ingredients are used – in particular Audiclean does not use urea hydrogen peroxide which can be very irritating to the delicate tissue of the ear.

How should my ears feel after I use Audiclean Ear Cleansing Wash?

The first time you use Audiclean Ear Cleansing Wash you may experience a feeling of temporary coolness and fullness while the Wash is in the ear. This feeling should resolve itself once you tilt your head to allow the excess Wash to flow out of the ear. With continued use of Audiclean, these feelings will reduce and your ears will be left feeling clean and clear.



The Audiclean Wash doesn't seem to spray directly into my ear.

Audiclean's soft, circular spray is intended to be as gentle as possible. The nozzle has been specially designed with Ear, Nose and Throat specialists to conform to the shape of the ear to safely and comfortably deliver the ear cleansing wash, avoiding any direct contact with the sensitive eardrum.

What if I have a blocked ear?

Although Audiclean Ear Cleansing Wash can prevent earwax build-up, if you are already suffering from a persistent wax blockage, it is recommended that you use Audiclean Total Ear Care System. The Total Ear Care System will soften and disperse the wax plug and then wash it away naturally. Fast and effective, Audiclean Total Ear Care System is available from high street retailers and is a clinically proven alternative to medical olive oil or ear syringing.

Ingredients

100% Sea Serum® (natural, chemical-free, pH-balanced, sterile, isotonic, physiological water produced from seawater - rich in bicarbonates). Clinically proven tolerance and efficacy*.

Cautions

Do not use if you have ear pain, an ear infection, "swimmer's ear", an eardrum perforation, pressure-equalizing tubes (PETs/grommets), balance disorders, had ear surgery or if you have a foreign item in the ear or a hard and/or obstructive earwax blockage (indicated by difficulty hearing, pain, ringing noise, feeling of blockage, temporary deafness after swimming or shower). If you are diabetic or have immunosuppression issues, consult a medical practitioner before use. Do not use for children under 6 months.

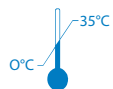
Do not use after expiry date stated on the label. Keep out of reach of children.

*"Interest of Sterile Isotonic Seawater (Audiclean®) in the external ear canal cleansing" Journal Français d'ORL, Volume 50, N°2, 2001.

For further information, visit www.audiclean.co.uk



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